

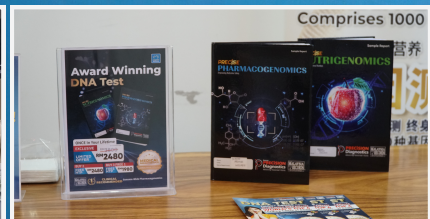


GLOBAL PRECISION WELLNESS

COMPANY MEDIA KIT · 2026

Precision is the new prevention.

Science-backed, personalized healthcare and wellness solutions
— for individuals and organizations across Malaysia.



The problems worth catching are the ones **you can't feel yet.**
This is what we're built to find — before they find you.

You feel fine. That's exactly the problem.

Most chronic disease doesn't begin with a symptom. Insulin resistance, silent inflammation, and nutrient deficiencies can quietly build for years before a routine blood test ever flags them. By the time fatigue, weight gain, or a diagnosis appears, the underlying imbalance has usually been progressing for far longer than anyone realized.

Non-communicable diseases are responsible for 73% of deaths in Malaysia (WHO) – and NHMS 2023 shows 1 in 6 adults already have diabetes, with hypertension and high cholesterol affecting nearly 1 in 3. Much of this is preventable with earlier, more precise information.

Diagnosed too late

Diabetes, hypertension, and metabolic disease often develop silently for years before a diagnosis is ever made.

Advice that doesn't fit

Generic diets and fitness plans ignore how your unique genetics process food, stress, and exercise.

Wellness that doesn't stick

One-size-fits-all workplace programs rarely change behavior, because they were never built around real people.

The standard health checkup was built to catch what's **already gone wrong**. It was never designed to catch what's about to.

A different starting point for health.

Global Precision Wellness (GPW) is a Malaysian precision health and nutrition company built on one belief: your biology is unique, so your path to wellness should be too. We combine advanced diagnostics – from DNA testing to comprehensive blood panels – with personalized nutrition science and hands-on clinical guidance, for individuals and organizations alike.

What began as a small dietetics practice guiding over 10,000 patients toward better health in its very first year has grown into a multidisciplinary team of Train-the-Trainer certified consultant dietitians, working in partnership with Global Precision Diagnostics (GPD) to pioneer the integration of nutrigenomics into everyday healthcare across Malaysia.

MISSION

To **bridge the lifestyle advice gap between doctors and patients** – translating complex health information into clear, practical steps anyone can follow, so medical recommendations turn into real, lasting change.

VISION

A future where **Medical Nutrition Therapy and lifestyle intervention are empowered across every community** – making sustainable, evidence-based health accessible to every individual and organization.

From guesswork to precision, in three steps.

We don't sell information for its own sake. Every step exists to move you from not knowing, to knowing, to actually doing something about it — through DNA-based diagnostics, personalized nutrition plans, and ongoing dietitian-led coaching.

-
- 01 Test**
Comprehensive diagnostics — PRECISE Nutrigenomics & Pharmacogenomics DNA tests, and full blood panels — reveal what a standard checkup misses.
 - 02 Decode**
Our certified dietitians translate complex clinical data into a clear, jargon-free plan built around your specific biology.
 - 03 Transform**
Ongoing coaching and corporate programs turn insight into lasting habits — not another diet plan that fades by March.
-

| We're not just guiding better choices. We're shaping healthier futures.

The people who make the data make sense.

Tests and reports don't change your health on their own. Our consultant dietitians sit with you at every stage — before, during, and after — so nothing gets lost in translation.

- **STARTING POINT**
Health Consultations

One-on-one sessions with certified dietitians to assess your current health, lifestyle and goals — the starting point before any test or program begins.

- **RESULTS, EXPLAINED**
Health Screening & PRECISE DNA Test

Your results don't mean much on their own. We walk you through your lab numbers and genetic markers line by line, turning them into a plan you actually understand and can act on.

- **1:1 CLINICAL CARE**
Medical Nutrition Therapy

Personalized nutrition plans for chronic disease management, weight loss, or performance — reviewed and adjusted by our consultant dietitians.

What your genes already know about you.

Two swab-based tests, two very different blind spots solved — both decoding risks that a routine checkup can't see.

- **FLAGSHIP**
PRECISE Nutrigenomics (NGx)

What it does — Analyzes 100+ genetic markers from a single cheek swab, covering carbohydrate, fat, and protein metabolism, micronutrient needs, and sodium sensitivity.

What it solves — Ends the trial-and-error of generic diets that ignore your unique biology, by revealing your predisposition to weight gain, nutrient deficiencies, and metabolic risk before they show up as a diagnosis.

- **PRECISION MEDICINE**
PRECISE Pharmacogenomics (PGx)

What it does — Analyzes how your body metabolizes specific medications — covering CYP450 enzyme status across pain, cardiovascular, psychiatric, and diabetes drug categories.

What it solves — Removes the guesswork from prescribing — reducing trial-and-error dosing, ineffective medication, and adverse drug reactions, especially for anyone on long-term or multiple prescriptions.

Corporate wellness is an investment, not an expense.

Sick days, disengagement, and rising healthcare costs are symptoms too — of a workforce nobody screened until it was expensive to fix.

- **FULLY CLAIMABLE
HRDC-Claimable Training Programs**

Structured training for organizations, fully claimable under HRDC — covering nutrition literacy, chronic disease prevention, and workplace health education, at no net cost to eligible employers.

- **FOR ORGANIZATIONS
Corporate Wellness Programs**

On-site health screenings, workshops, and ongoing wellness initiatives that reduce absenteeism and healthcare costs, while building a genuinely healthier, more engaged workforce.

Precision you can verify.

We don't ask you to take "personalized" on faith. Here's what backs it up.

10,000 +

Patients guided toward better health in our very first year of operation (2022).

100%

Of our dietitians hold the Train-the-Trainer (TTT) certification.

HRDC

Certified corporate training programs, claimable for organizations.

1

Strategic partnership with Global Precision Diagnostics, at the forefront of DNA testing.

We don't just judge better choices.

We shape healthier futures — one precise decision at a time.

Ready to rewrite your health?

Whether you're an individual looking for clarity, or an organization building a healthier workforce — our team is ready to help you move from guesswork to precision.

WEBSITE

precisionwellness.my

WHATSAPP / PHONE

+ 60 11-1088 9006

EMAIL

customercare@precisionwellness.my

INSTAGRAM & FACEBOOK

[@globalprecisionwellness](#)

GLOBAL PRECISION WELLNESS SDN. BHD.

Mezzanine Floor
Wisma Ali Bawal 2,
No.11, Jalan Tandang,
46050 Petaling Jaya, Selangor.